



APRIL 1-30, 2022

MOVE430 is a virtual event that challenges you to move for at least 30 minutes each day in April. Proceeds support KidSport chapters across BC.

So **ALL** Kids Can Play!

HOW IT WORKS

REGISTER

Register to participate and/or fundraise at move430.ca, then share on social media and tag @move430challenge for a chance to win additional prizes!

MOVE

Starting April 1, MOVE for at least 30 minutes for each of the 30 days in April and enter your daily activity into the online tracker.

WIN PRIZES

Daily, weekly and grand prizes available. Plus, you can win additional prizes for sharing your progress on social media when you tag @move430challenge.

JOIN THE CHALLENGE

Register as an individual

Make MOVE430 part of your fitness goals for 2022. Our supportive community will help motivate you to keep moving. All ages welcome!

Start or join a team

Fitness is always more fun with friends! Round up your friends and family, or encourage your employees to get active together and rally to support a great cause.

No matter how you join, you'll have the option to donate during registration and fundraise to help kids get off the sidelines and into the game.

ABOUT KIDSPORT

KidSport aims to remove financial barriers to sport by providing grants to help cover the cost of registration fees for kids aged 18 and under.

With 40 chapters across the province, funding for KidSport directly shapes sport in each of those communities. For communities that don't have a chapter, grant requests are supported through our Provincial Fund. Learn more at kidsport.ca.

KidSport is a Registered Canadian Amateur Association ("RCAA") with charitable status (88212 5986 RR0003)



move430.ca

@move430challenge
kidsport@sportbc.com